

My Plan for an E.P.I.C. 2020!

Core experiences from last year

What I'm letting go of

This is my year to

*What I'm Carrying
With Me*

1.

2.

3.

E.P.I.C. Guidepost Area of Focus

ENGAGED

You are mindfully engaged with your children and family

PASSIONATE

You are passionate & purposeful, making a difference beyond your family

INVESTED

You are invested in yourself

CONNECTED

You are connected to a strong support network so you are in community on the journey